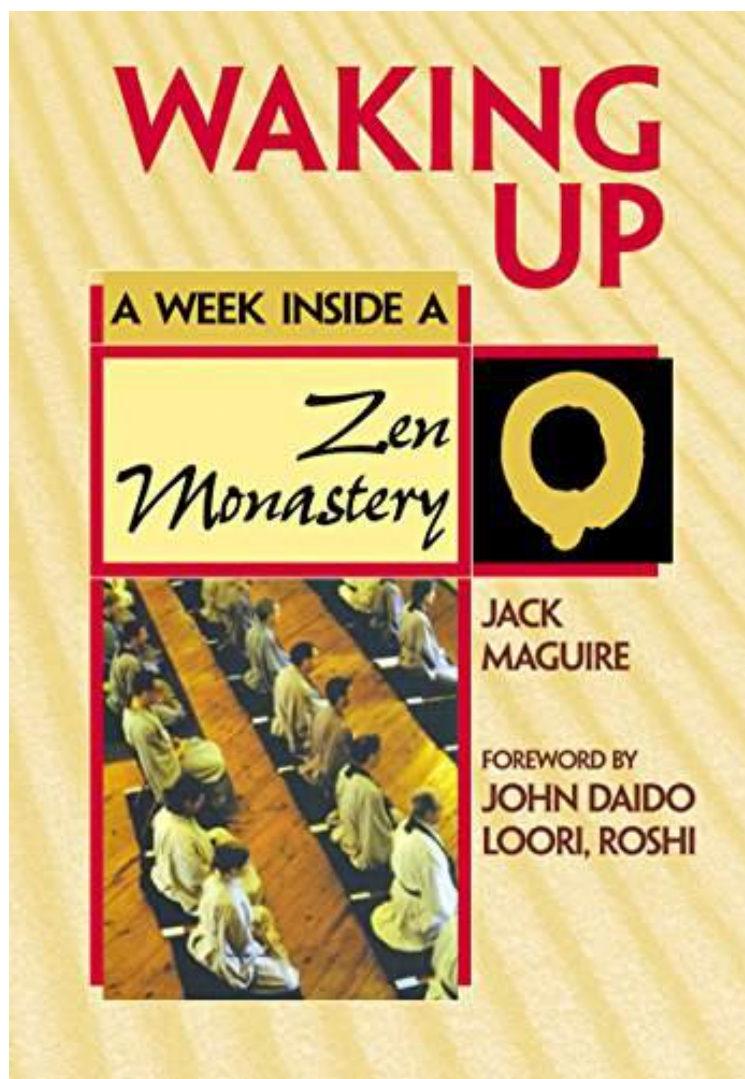


## Waking Up: A Week Inside a Zen Monastery

*By Jack Maguire*

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