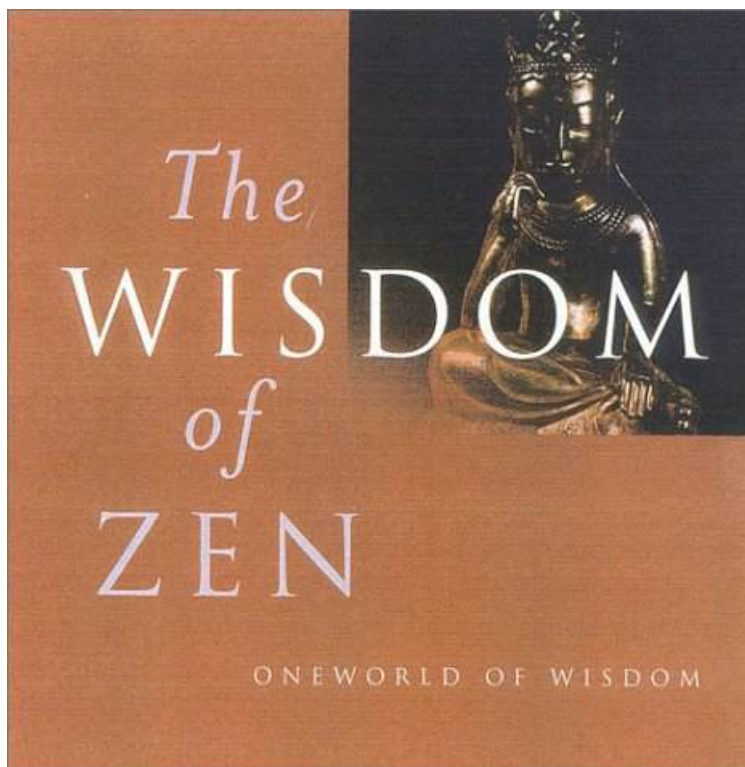


Wisdom of Zen

By Roger England

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This collection of wise words from the Zen tradition will provide inspiration for all who desire enlightenment or a deeper insight into the meaning of life About the Author Roger England is a university lecturer who has travelled widely in India and China He has followed an interest in Zen for some twenty years after meeting Zen master Seung Sahn He runs a spiritual meditation class in Sheffield England

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