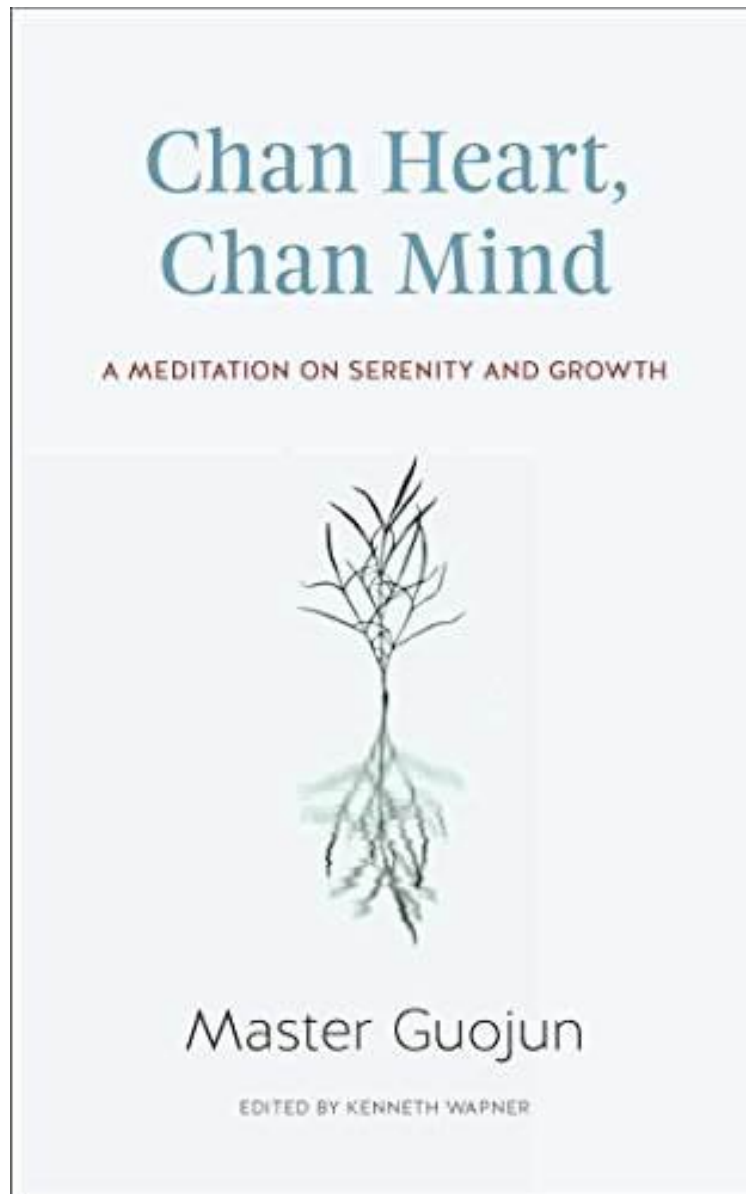


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## Chan Heart, Chan Mind: A Meditation on Serenity and Growth

*By Master Guojun*

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