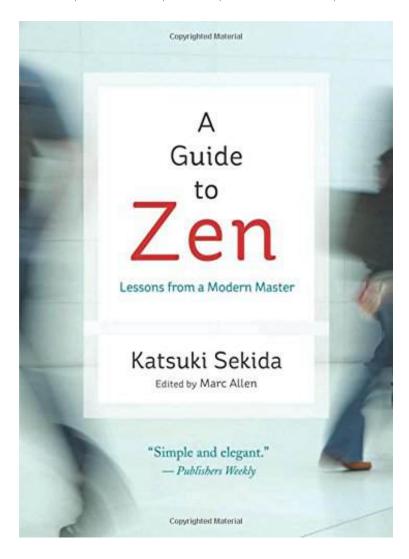
## A Guide to Zen: Lessons from a Modern Master

By Katsuki Sekida
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2 of 2 review helpful Depth Precision and Poetry True to Zen in Form and Content By L Erickson This is a condensed version of Sekida s much larger Zen Training and was designed by editor Marc Allen to be more approachable and

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