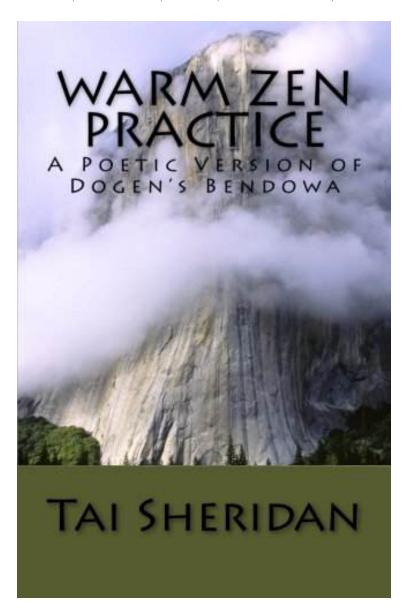
## Warm Zen Practice: A Poetic Version of Dogen's Bendowa

By Tai Sheridan Ph.D.

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