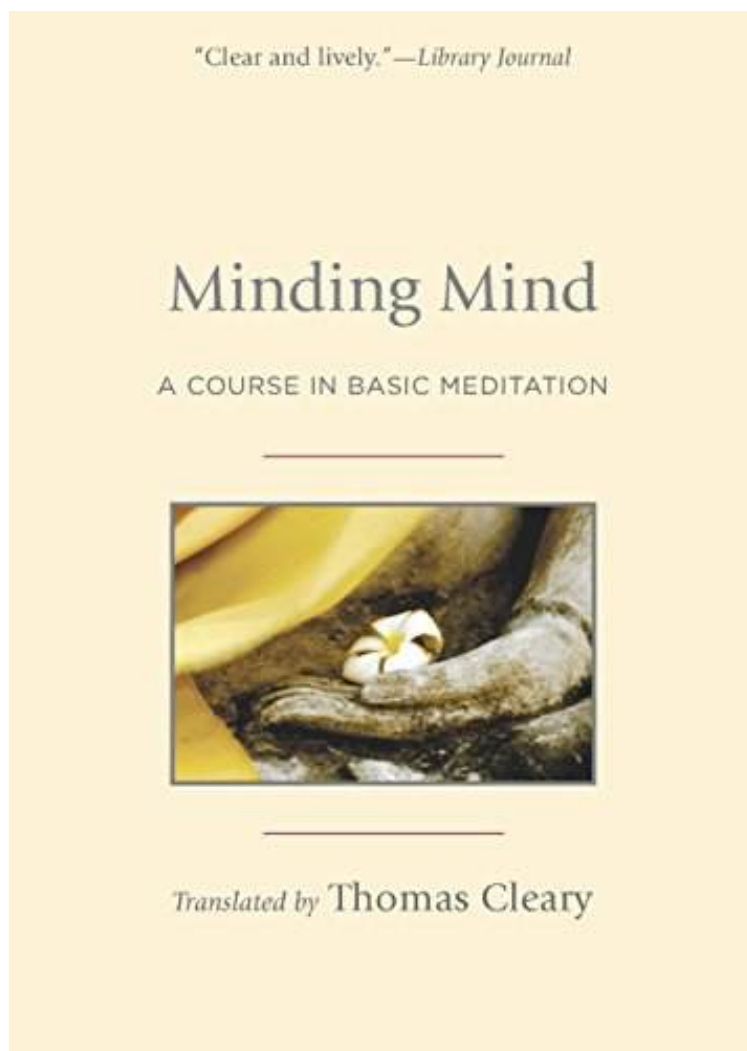


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Minding Mind: A Course in Basic Meditation

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