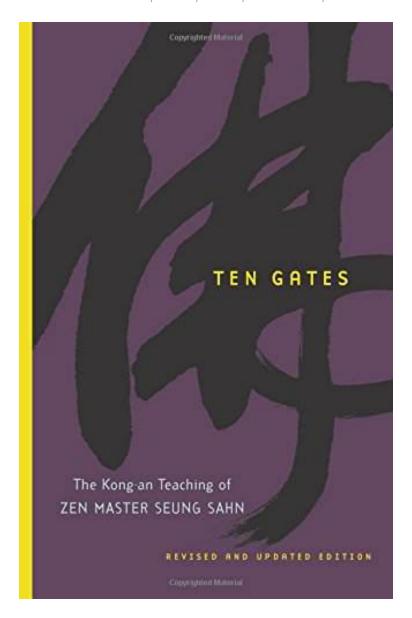
Ten Gates: The Kong-an Teaching of Zen Master Seung Sahn

By Seung Sahn
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0 of 0 review helpful Five Stars By Joseph Diggs Great book 4 of 6 review helpful the real deal By Ikkyu Jones Master Seung Sahn summed it up in one phrase Only don t know That being said if you enjoy Zen directly from the source this tome is a good place to begin As are his other books Beware his stick 0 of 1 review helpful Zen is famous for koans called kong ans in Korean and in this book those bizarre and seemingly unanswerable questions Zen masters pose to their students to check their realization such as ldquo What is the sound of one hand clapping rdquo Fear of koans keeps some people from ever giving Zen practice a try But here through the experience of seeing a modern Zen master work with his students you can see what koan training is really like It rsquo s a ski About the Author Zen Master Seung Sahn 1927 ndash 2004 was the first teacher to bring Korean Zen Buddhism to America having already established temples in Japan and Hong Kong In 1972 he came to the United States and started what became the Providence Zen Cen

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