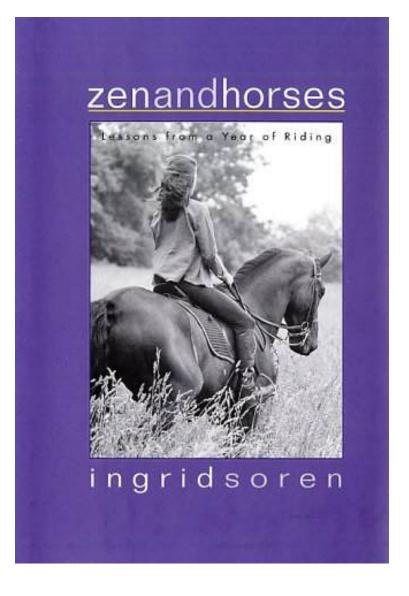
## Zen and Horses: Lessons from a Year of Riding



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