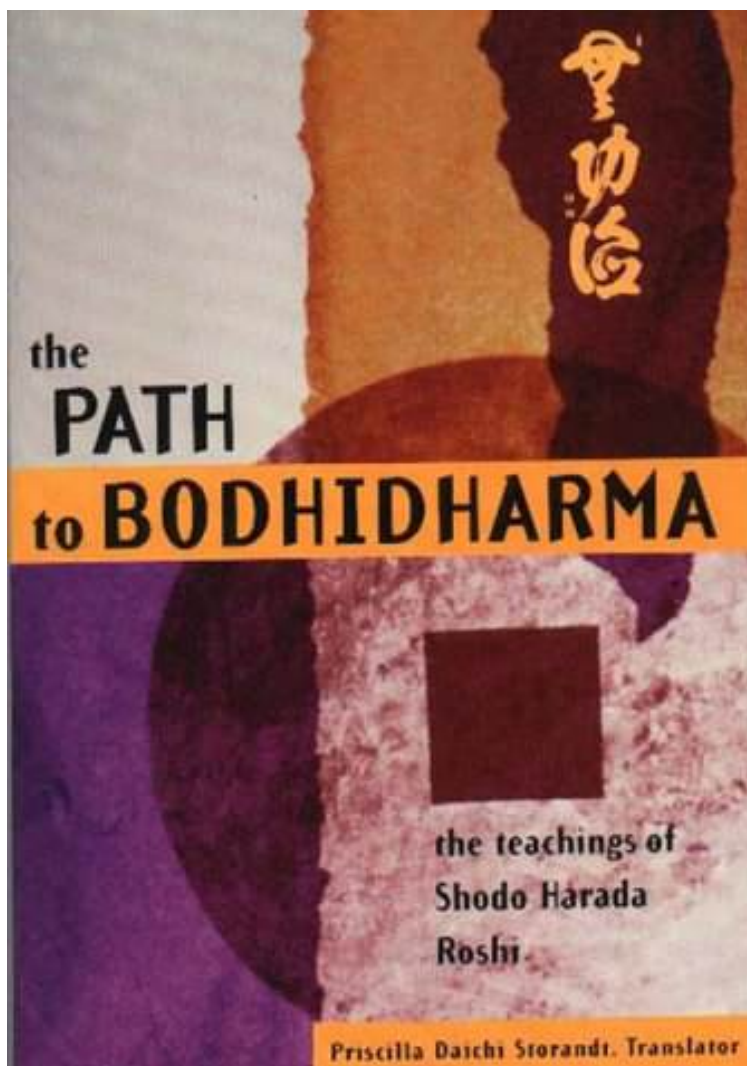


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By Shodo Harada Roshi

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5 of 6 review helpful If you are going to read at the doorway before walking through this seems like a good one By Steve973 My Zen teacher disapproves of reading books about Zen and Zen practices but I would imagine that we all do some reading here and there on our journey Sometimes we are looking for inspiration or looking for some phrase to turn a light bulb on just a little brighter on something that we don't fully When studying ancient Eastern philosophies it is a rare opportunity to learn the art directly from a living master Shodo Harada Roshi is one such legend he attained dharma transmission from Yamada Mumon Roshi and went on to become abbot of the Sogen ji monastery in Okayama Japan where he has taught ever since Now Zen students of all levels can glean from Harada's wisdom in this modern classic of Zen literature With clear accessible language and a special section About the Author Shodo Harada Roshi was born in 1940 in Japan He began his Zen training in 1962 and trained under Yamada Mumon Roshi for twenty years at which time he was given dharma transmission and was made abbot of Sogen ji monastery in Okayama Japan He

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