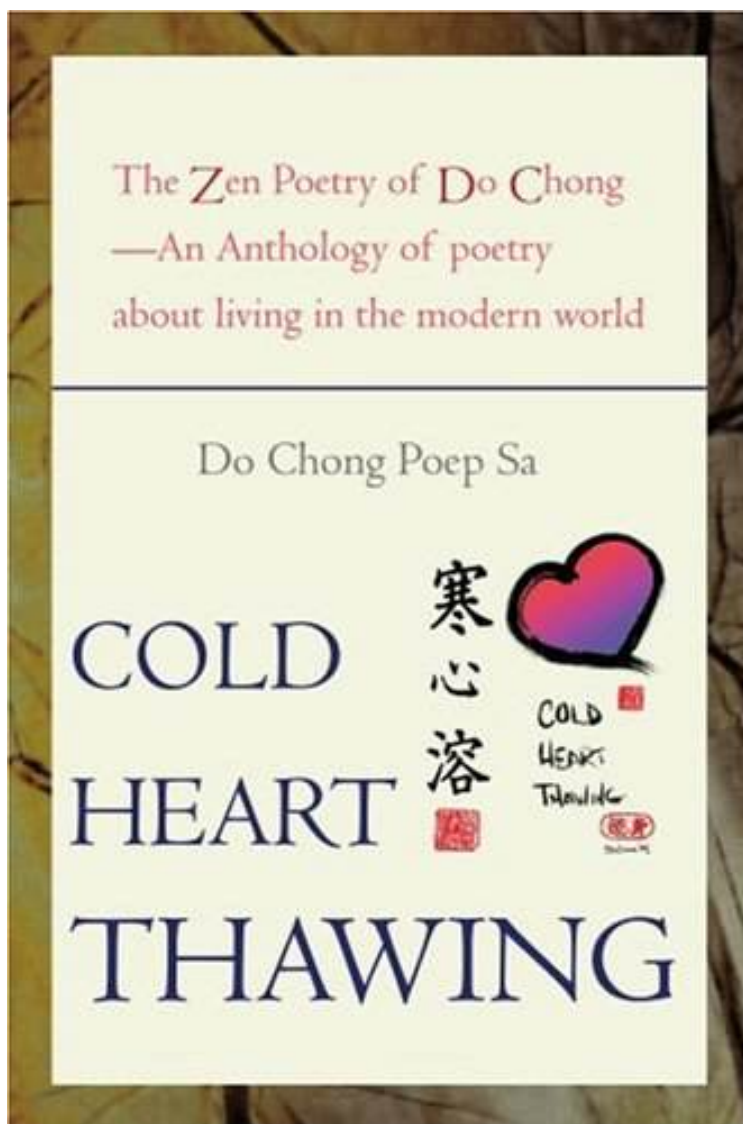


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2 of 2 review helpful Cold Heart Thawing By Roman Tsivkin This book as the title suggests has a range of temperatures from the cold showers of Zen perception to the warm arms of a lover The introduction contains a very illuminating conversation on poetry between the author and a Korean Zen Master who answers the question of how he writes by saying this moment appears then write a poem The author of Cold Heart Thawing A collection of Zen Poetry from the Abbot of Ocean Eyes Zen Center in Long Beach California This first collection of poetry was written between 1995 and 1997 and follows the spiritual path of a Buddhist Layperson searching for a balance between the life of dedicated Zen practice and the life of layperson living in the world The introduction contains an interview with Do Chong's grand teacher Zen Master Seung Sahn the 78th Patriarch of Korean Chogyee Buddhism in which About the Author Do Chong Poep Sa with the assistance of Zen Master Seung Sahn and Zen Master Ji Bong founded the Ocean Eyes Zen Center in August of 1993 An active practicing Buddhist since 1988 he began training with Greg Penn DD a Vipassana Teacher and M

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